**Extract of Verses from** 

# ESCAPING THE PRISON HOUSE OF DEATH AND BIRTH

"Be Sure! I Shall Teach You To Overcome The Trial Of Death! O Mortal!" "Why Then O Mortal, Thou Are Reluctant To Escape From The Womb Of Creation" "Why Then O Mortal, You Are Reluctant To Abandon Your Tattered Mortal Robe" "Why Then O Mortal, You Are Reluctant To Leave Your Encasement" "Why Then O Mortal, You Are Reluctant To Pass Into Your Divine Essence" Be Sure! I Shall No More Leave The Womb Of Immortality Behold! I Have Seen The Prison House Of Birth And Death Behold! I Have Seen The Stars Condense Into Nothingness How Long You Shall Refuse To Give Audience To Lord Of Death! O Mortal! O Beloved! Be Sure! I Could Feel A Terror and Anguish Fill the World O Beloved! Be Sure! I Could See the Dark Lord Promising My Soul Calm and Silent Rest O Death! Let Me Travel beyond Life's Brutal Masks Why Not Then O Lord You Allow Me To Ascend Into The Land Of The Esoteric Why Then O Lord You Bewilder Me With Fire That Cannot Consume O Beloved! Be Sure! I Could Feel Darkness Condemn All With Its Unbreakable Gaze O Beloved! Be Sure! I Could Feel the Tearing of My Body's Veil O Death! Let Me Witness the Light That Is Armor of the Gods O Death! Let Me Witness the Secret Air of Pure Felicity Is It Time For Me To Leave For My Secret Abode Is Not Death Only A Deep Sleep Form Which We Awaken In Our Rebirth Death! Let Me Triumph Over My Soul From Within Death! Let Me Witness The Mystic Slow Transfiguration Of My Soul Death! Let My Being Be The Incarnate Wisdom In An Earthly Beast Death! Let My Heart Not Be A Swimmer In The Infinite Seas The Day I Found You Do Listen With Care! O Mortal! Do Listen With Care! O Mortal! In Vain You Have Come Here! O Mortal! I Have Been Out In Search Of You! O Death, My Beloved! I Long For Thee, As The Nights Darkness Longs For The Morning Sun! O Beloved O Life Why Do You Leave Me In Such A Hurry O My Beloved! Do Take Me To That Deathless Land With Empty Hands You Shall Return! O Mortal! Be Sure! Our Souls Shall Be Laid Bare On The Day Of Reckoning Oh! I Await For Him To Release My Spirit From This Mortal Cage Oh! I Await For The Language Of The Ancient To Converse With The Divine Oh! I Neglected The Faint Cries Of The Spirits One The Day Of Judgment Be Sure! Our Spirits Shall See The Light Of Trinity On The Day Of Reckoning Be Sure! Mercy Shall Sit On The Throne Of Divinity On The Day Of Reckoning

Be Sure! The Mortals Shall Rewrite Their Fate With The Divine Pen On The Day Of Judgement Be Sure! The Mortals Shall Taste The Pureness Of Their Hearts On The Day Of Judgement Be Sure! Yet My Spirit Shall Rise As An Angel Lo! Yet I Do Not Flee From Death Alas! Am I Doomed To Perish. "Be Sure Every Deed, Word, And Thought Are In The Eternal Record". Be Sure! Yet I Shall Be Purified And Raised To The Heavens Above. "Be Sure! You Shall Die And Become Dust, Yet You Shall Live Again." "What Is The Life Of This World, But Empty And Void".

Why Do You Still Entertain Falsehood! O Mortal!.

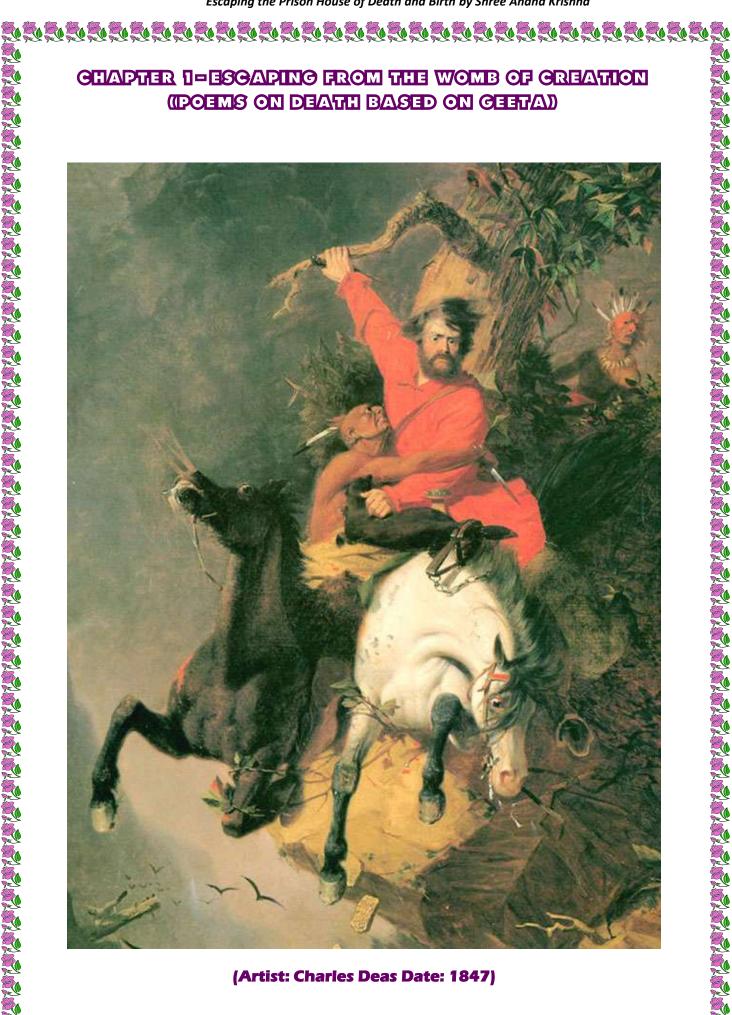
**About Author:** The mystic writings and poems of author Anand Krishna helps us in dealing with everyday issues such as the strength of will power, the creativity to see beyond problems, importance of positivity and the true meaning of success. For all who feel that stress and nervousness are an unavoidable fact of modern life, the mystic poems of Anand Krishna reminds us that within each of us is an inner core of universal peace and harmony that we can learn to access at will. The mystic poems and writings of Anand Krishna shows us how to overcome fear, worry, anger, nervousness and moodiness. His writings also teach us how to Stay calmly in the present and to stay actively focused, no matter what is going on around us and also teaches us to Experience the mystic and expansive timelessness and beauty of each moment. The spiritual and mystic poems of the author caters to the deepest needs of the human heart and soul. These poems reveal how we can meet the daily challenges to our physical, psychological, emotional and spiritual well-being - by awakening our divine nature, the neglected reality at the core of our being.

Through his writings the author succeeds in dispelling the myth that God is beyond our reach and beyond our self. He points out that it is not only possible to converse with God but to receive definite responses to our prayers and also converse with our divine self. The author Anand Krishna helps us to realize how close that infinite and all-loving Being is to each one of us. He also explains how we can make our prayers and thoughts so powerful and persuasive that they will bring a tangible response from the mystic universe. The books written by Anand Krishna motivates the readers how to be devoid of a harsh, materialistic life and live a life of peaceful serenity governed by quality and not quantity. The spiritual poems written by the author deal with complex issues in a very easy-to-understand and simple manner, inviting the readers to explore their inner selves through meditation and contemplation. The teachings of the author alters the perspective and attitude that people approach life with, changing one's thought process to invite and draw true material and spiritual success and prosperity. The books written by the author also highlights the key to dissolving obstacles both physical and spiritual while dealing with natural feelings of fear and the feeling of being lost. The author has been greatly inspired by the mystic philosophies propounded in the Geeta, Upanishads, Sufi literature and other ancient mystical works. The Author Shree Anand Singh (Pen Name: Anand Krishna) has written on various spiritual aspects of human existence in this world and beyond.

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		Escaping the Prison House of Death and Birth by Shree Anand Krishno	1
		ſĿĿĿĿĿĿĿĿĿĿĿĿĿ	
		Table of Contents	
22	Chant	er 1 - Escaping From The Womb Of Creation (Poems On	
		Based On Geeta)	05-17
	*	"Be Sure! I Shall Teach You To Overcome The Trial Of Death! O Mortal!"	06
	*	"Why Then O Mortal, Thou Are Reluctant To Escape From The Womb Of Creation"	07
	*	"Why Then O Mortal, You Are Reluctant To Abandon Your Tattered Mortal Robe"	09
	* *	"Why Then O Mortal, You Are Reluctant To Leave Thy Encasement" "Why Then O Mortal, You Are Reluctant To Pass Into Your Divine Essence"	11 13
	*	"Why Then O Mortal, You Are Reluctant To Usher Your Consciousness	
		Into The Infinite" Popular Quotes on Death	16
	Chapt	er 2 - Ascending Into The Land Of The Esoteric (Poems On	
		Based On Geeta)	18-32
		Be Sure! I Shall No More Leave The Womb Of Immortality	19
	*	Behold! I Have Seen The Prison House Of Birth And Death Behold! I Have Seen The Stars Condense Into Nothingness	21 22
	*	How Long You Shall Refuse To Give Audience To Lord Of Death! O Mortal!	24
	*	O Beloved! Be Sure! I Could Feel A Terror and Anguish Fill the World Why Not Then O Lord You Allow Me To Ascend Into The Land Of The Esoteric	26 29
	*	Why Then O Lord You Bewilder Me With Fire That Cannot Consume	31
<b>X</b>	Chant	Popular Quotes on Death er 3 - Waiting For The Calm And Silent Rest Of My Soul (Poems On	
<b>X</b>		Based On Upanishads)	33-51
<b>X</b>		O Beloved! Be Sure! I Could Feel Darkness Condemn All With Its	
×	*	Unbreakable Gaze O Beloved! Be Sure! I Could Feel the Tearing of My Body's Veil	34 36
×		O Beloved! Be Sure! I Could See the Dark Lord Promising My	50
X	*	Soul Calm and Silent Rest O Death! Let Me Travel beyond Life's Brutal Masks	39 42
	*	O Death! Let Me Travel beyond Life's Brutal masks O Death! Let Me Witness a World Where Joy Dares To Grow	42
	*	Upon the Forbidden Soil O Beathl Lat Ma Witness the Linkt That Is Armour of the Code	44
		O Death! Let Me Witness the Light That Is Armour of the Gods O Death! Let Me Witness the Secret Air of Pure Felicity	47 49
	_	Popular Quotes on Death	
2		er 4 - Leaving For The Secret Abode (Poems On Based On The Upanishads)	52-65
2	beath *	Is Not Death Only A Deep Sleep Form Which We Awaken In Our Rebirth	53
2	*	O Death! Let Me Triumph Over My Soul From Within	54
2	* *	O Death! Let Me Witness The Mystic Slow Transfiguration Of My Soul O Death! Let My Being Be The Incarnate Wisdom In An Earthly Beast	56 58
	*	O Death! Let My Heart Not Be A Swimmer In The Infinite Seas	60
	* *	Oh Lord I Can See It Is Time For Me To Leave For My Secret Abode The Day I Found You	63 64
	-	Popular Quotes on Death	
		er 5 - Travelling To The Deathless Land (Poems Based On	<b>S</b>
		sophy Propounded By Kabir) Do Listen With Care! O Mortal!	66-83 67
	*	Do Listen With Care! O Mortal! In Vain You Have Come Here! O Mortal!	69
		I Have Been Out In Search Of You! O Death, My Beloved!	71
		I Long For Thee, As The Nights Darkness Longs For The Morning Sun! O Beloved O Life Why Do You Leave Me In Such A Hurry	74 77
2	*	O My Beloved! Do Take Me To That Deathless Land	78
	*	With Empty Hands You Shall Return! O Mortal! Popular Quotes on Death	81
2		er 6 - Marriage Of Darkness With Eternity	84-94
2	*	Be Sure! Mother Earth Shall Witness The Marriage Of Darkness With Eternity On The Day Of The Reckoning	85
2		Eternity On The Day Of The Reckoning	
R. R. R.	<b>\$</b>		
www.di	ivinecamp	us.com	Page 3 of 121

Se Sure! Our Souls Shall Be Laid Bare On The Day Of Reckoning	4 24 24 24 24 24 24 24 86
<ul> <li>Be Sure! The Mortals Shall Be Privy To the Great Mystery on</li> </ul>	
the Day of Judgement	88
Oh! I Await For Him To Release My Spirit From This Mortal Cage	90
Oh! I Await For The Language Of The Ancient To Converse With The Divine	91
Oh! I Neglected The Faint Cries Of The Spirits	93
Popular Quotes on Death	
Chapter 7 - Rising As An Angel On The Day Of Reckoning	95-108
<ul> <li>Be Sure! Our Spirits Shall See The Light Of Trinity On The Day Of Reckoning</li> </ul>	96
<ul> <li>Be Sure! Mercy Shall Sit On The Throne Of Divinity On The Day Of Reckoning</li> </ul>	97
<ul> <li>Be Sure! The Mortals Shall Rewrite Their Fate With The Divine Pen On</li> </ul>	
The Day Of Judgement	99
<ul> <li>Be Sure! The Mortals Shall Taste The Pureness Of Their Hearts On</li> </ul>	
The Day Of Judgement	103
* Be Sure! Yet My Snirit Shall Rise As An Angel	105
* Lo! Yet I Do Not Flee From Death	106
Popular Quotes on Death	100
Charter 9 Deleges Of The Spirit From The Mortel Care	400 440
Chapter o - Release Of The Spirit From The Mortal Cage	103-113
Alas! Am I Doomed To Perish.	110
Be Sure Every Deed, Word, And Thought Are In The Eternal Record".	111
✤ Be Sure! Yet I Shall Be Purified And Raised To The Heavens Above.	113
* "Be Sure! You Shall Die And Become Dust, Yet You Shall Live Again."	114
What Is The Life Of This World, But Empty And Void".	116
Why Do You Still Entertain Falsehood! O Mortal!.	118
Popular Quotes on Death	
<list-item><list-item><list-item><list-item><list-item><list-item><list-item><list-item><list-item><list-item><list-item><list-item><list-item><list-item><list-item><list-item><list-item><list-item></list-item></list-item></list-item></list-item></list-item></list-item></list-item></list-item></list-item></list-item></list-item></list-item></list-item></list-item></list-item></list-item></list-item></list-item>	

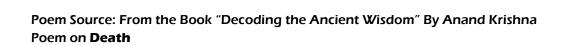


(Artist: Charles Deas Date: 1847)

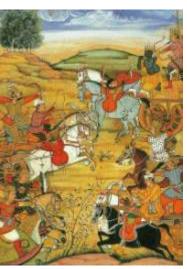
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# "Be Sure! I Shall Teach You to Overcome The Trial of Death! O Mortal!"



I am the unchangeable and the causeless. I am the invisible light of cosmic consciousness. I remain hidden behind the dream shadows of

creation. I remain unperceived by the countless dream

entities.

I shall help you look into my spiritual eye.

"Be sure! I shall teach you to overcome the trial of death! O mortal!"

I shall grant you my omniscient vision.

I shall show you the pure spherical cosmic beam.

I shall show you the manifested power of my unmanifested spirit.

I shall show you my light that is hidden in the

(Source: www.ancient.eu)

delusive scenes of life.

I shall bless you with the uplifted, awakened and spiritual gaze.

I shall show you the invisible and the unnoticed.

"Be sure! I shall teach you to overcome the trial of death! O mortal!"

I am unknown to the bewildered world.

I am eclipsed by my own created delusion.

I am the unborn.

I am the deathless.

"Be sure! I shall teach you to overcome the trial of death! O mortal!"

I shall show you the vision of all that went on within you in the past. I shall show you the vision of all that shall happen within you in the future.

I occupy your space less, timeless consciousness.

I am your eternal present.

I limit your consciousness by the three fold relativity of time.

I circumscribe your consciousness by the past, present future.

"Be sure! I shall teach you to overcome the trial of death! O mortal!"

La Sa Sa Sa Sa Sa Sa Sa Sa La Sa La Sa La Sa La Sa Sa

My consciousness is ever aware throughout eternity. My consciousness has no past

My consciousness has no future.

My consciousness is never interrupted by death or limitation. My presence is veiled in my cosmic dreams.

Escaping the Prison House of Death and Birth by Shree Anand Krishna My presence is veiled behind the magical dream pictures of cosmic nature. "Be sure! I shall teach you to overcome the trial of death! O mortal!" My cosmic beam is adroitly hidden by your cosmic dreams. I am secreted beyond the subtle understanding of the mortals. I shall help you tear off the shroud of delusion. I shall help you gaze on the eternal beauty. I am aware of the beings of the past, present and future. "Be sure! I shall teach you to overcome the trial of death! O mortal!" I create the drama of contrary elements. I create your emotional responses. I create your desires and aversion. I create your liking and disliking. "Be sure! I shall teach you to overcome the trial of death! O mortal!" Back The labyrinth : The labyrinth In Greek mythology, the Labyrinth (Greek X labyrinthos) was an elabo rate structure designed and built by the legendary artificer Daedalus for King Minos of Crete at Knossos. Its 0 function was to hold the Minotaur, a creature that was half man and half bull and was eventually killed by the Athenian hero Theseus. Daedalus ł had made the Labyrinth so cunningly that he himself could barely escape it after he built it. Theseus was aided by Ariadne, who provided him with a fateful thread, literally the "clew", or "clue", to wind his way back again. (Source:

http://www.ancienttranslations.com).

Poem Source: From the Book "Decoding the Ancient Wisdom" By Anand Krishna Poem on Death

# "Why Then O Mortal, Thou Are Reluctant To Escape From the Womb of Creation"



(Artist: Walter Crane Date: 1862)

I shall teach you to reject the indignity of the mortal encumbrances.

I shall teach you to seek your early liberation.

I shall teach you to dwell in the formless blissfully infinity.

I shall teach you to hasten your salvation.

I shall teach you to transcend the waves of creation.

I shall teach you to transcend the waves of preservation.

"Why then O mortal, thou are reluctant to escape from the womb of creation"

I shall teach you to transcend the waves of dissolution. I shall teach you to transcend the cosmic dreams of divine. I shall banish the cosmic dream world from your consciousness. I shall make you taste the dreamless state of ecstasy. I shall make you feed on your immaculate self. "Why then O mortal, thou are reluctant to escape from the womb of creation"

I shall make you taste your inner deeper ecstasies. I shall make you taste your liberated soul. I shall release you from your ignoble confinement. I shall release you from ceaseless cycle of the days and nights. I shall release you from the ceaseless rotating wheel. "Why then O mortal, thou are reluctant to escape from the womb of creation"

I shall release from you the utter darkness. I shall release you from the shadow of death. I shall release you from the gross darkness. I shall teach you to follow the path of fire. I shall teach you to avoid the way of darkness. I shall teach you to follow the way of light. "Why then O mortal, thou are reluctant to escape from the womb of creation"

I shall teach you to witness the sunburst of thousand suns. I shall teach you to wrap yourself in the thousand petalled lotus. I shall teach you to harness the supreme source of life. I shall teach you to comprehend the rays of your spiritual eye. I shall teach you to behold the eye of your soul. I shall teach you to awaken from the sleep of delusion. "Why then O mortal, thou are reluctant to escape from the womb of creation"

I shall teach you to bask in the sun of cosmic consciousness. I shall teach you to bask in the light of your spiritual eye. I shall teach you to savour the light within. I shall teach you to escape the state of darkness. I shall teach you to defeat your evil eyes. I shall teach you to travel through the night time of ignorance. "Why then O mortal, thou are reluctant to escape from the womb of creation"

I shall teach you to rise majestically through the darkness. I shall teach you to arise unencumbered from the mortal world. I shall teach you the art of setting yourself inwardly ablaze.

I shall teach you to escape from the darkness of the mortal womb. I shall teach you to escape from the sleep of astral death. "Why then O mortal, thou are reluctant to escape from the womb of creation"

#### Back

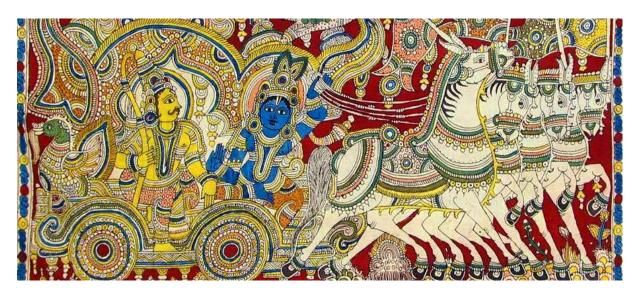


The Asclepius Wand: The asclepius wand, or asclepiusrod is an ancient Greek symbol associated with astrology and with healing the sick through medicine. The rod of Asclepius symbolizes the healing arts by combining the serpent, which in shedding its skin is a symbol of rebirth and fertility, with the staff, a symbol of authority befitting the god of Medicine. The snake wrapped around the staff is widely claimed to be a species of rat snake, Elaphelongissima, also known as the Aesculapian or Asclepian snake. It is native to southeastern

Europe, Asia Minor, and some central European spa regions, apparently brought there by Romans for their healing properties. (Source: http://www.ancient-symbols.com).

Poem Source: From the Book "Decoding the Ancient Wisdom" By Anand Krishna Poem on **Death** 

"Why Then O Mortal, You Are Reluctant To Abandon Your Tattered Mortal Robe"



#### (Source: www.dollsofindia.com)

I shall teach you to draw the cosmic energy from the lord.

I shall teach you the joy and love of your creator.

I shall teach you to render all your unfulfilled desire nonexistent.

I shall teach you to detach your mind at will.

I shall teach you to insulate yourself from the sensory world.

I shall teach you to remain in the state of divine union.

"Why then O mortal, you are reluctant to abandon your tattered mortal robe"

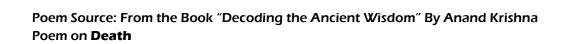
I shall teach you to wake up in the dreamless bliss. I shall teach you how to be gracefully dispersed by death. I shall teach you to enter my being. I shall teach you to think only of me at the hour of your passing. I shall teach you to abandon your bodily encasement. "Why then O mortal, you are reluctant to abandon your tattered mortal robe" I shall teach you of the truth beyond doubt. I shall teach you to prepare for the final examination of death. I shall teach you to gracefully approach at the deaths door. I shall teach you to dissolve your last overwhelming feeling and desires. I shall teach you to dissolve your last flash of thoughts, desires and habits. I shall teach you to dissolve your last predominant consciousness. "Why then O mortal, you are reluctant to abandon your tattered mortal robe" I shall teach you to dissolve your last predominant guilt. I shall teach you to dissolve your last predominant passions. I shall teach you to dissolve your last determining cause. I shall teach you to dissolve your last judgement. I shall teach you to dissolve your final thoughts in the lord bliss. "Why then O mortal, you are reluctant to abandon your tattered mortal robe" I shall teach you to determine your next destination. I shall teach you to hear the Gabriel's trumpet. I shall teach you of the repository of all creative blueprints. I shall teach you to design yourself created pattern for your next existence. I shall teach you to proclaim your own fate. "Why then O mortal, you are reluctant to abandon your tattered mortal

Anubis Mural: Anubis Mural - The mural was found in the burial chamber of Sennedjem, an eminent artisan who worked on the pharaohs' tombs. Sennedjem's tomb was found fully intact in 1886 in the Valley of the Kings. The mural depicts the Egyptian God of the afterlife, Anubis tending to Sennedjem's casket. This jackalheaded God was associated with guiding the souls of the dead to

the afterlife and also performing judgment on the deeds done by the deceased by weighing the heart against the Ma'at. (Source: http://www.whats-your-sign.com).

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Back



# "Why Then O Mortal, You Are Reluctant To Leave Your Encasement"



(Artist: James Tissot Date: 1896)

I shall enlighten you of the intelligence that shines on creation.

I shall enlighten you of the only begotten son of god.

I shall enlighten you of the sole undistorted pure reflected intelligence.

I shall enlighten you of the trinity.

I shall enlighten you of the creative state of unmanifested spirit.

I shall enlighten you of the consciousness of the thousand petalled lotus.

### "Why then O mortal, you are reluctant to leave your encasement"

I shall enlighten you of the doorway to spirit. I shall enlighten you of the doorway through which spirit descents into the body.

I shall enlighten you of the division of primary creation.

I shall enlighten you of the two dots of duality.

I shall enlighten you of the underlying universal soul.

I shall enlighten you of the macrocosmic vibration being.

"Why then O mortal, you are reluctant to leave your encasement"

I shall enlighten you of the primordial force behind all cause and effect.

I shall enlighten you of the maker of law of karma.

I shall enlighten you of the giver of fruits of your actions.

I shall enlighten you of the divine decree.

I shall enlighten you of the art of using your gift of free choice.

I shall enlighten you of the cause of your future incarnations.

"Why then O mortal, you are reluctant to leave your encasement"

I shall enlighten you of the evil shadows and images.

I shall enlighten you of your trials and tribulations.

I shall teach you to return to your divine kingdom.

I shall teach you to escape your entanglement in matter.

I shall teach you to reverse your consciousness.

I shall teach you to expand your consciousness into the cosmos.

"Why then O mortal, you are reluctant to leave your encasement"

I shall teach you to be best men.

I shall teach you of "that which becomes"

I shall teach you of the never fixed and the ephemeral.

I shall teach you of the material world of transitoriness. I shall teach you of the governing angels of the material creation. I shall teach you of the gross vibration of the physical cosmos. "Why then O mortal, you are reluctant to leave your encasement"



(**Artist**: Benjamin West **Date**: 1807)

I shall teach you of the "shining ones"

I shall teach you to perform all your dream ceremonies.

I shall teach you of your sole sustenance.

I shall teach you of the "seven angels before the throne of the lord"

I shall teach you of the supreme cogniser of all creations.

I shall teach you of the complexities of the cosmos.

"Why then O mortal, you are reluctant to leave your encasement"

I shall teach you of the coordinated unity and harmony.

I shall teach you of the intelligent energy

present in all the mortal space.

I shall teach you of the grand casual creations.

I shall teach you of the one "indweller"

I shall teach you of the astral universe of the vibratory life.

I shall teach you to gauge your intuitive perception.

"Why then O mortal, you are reluctant to leave your encasement"

I shall teach you of the supreme among embodied.

I shall teach you the basis of your physical existence.

I shall teach you the basis of your astral existence.

I shall teach you of your casual origin.

I shall teach you of the great sacrifices.

"Why then O mortal, you are reluctant to leave your encasement"

I shall teach you see the maker and cognizer of all.

I shall teach you to control your thoughts at your last moments of life.

I shall teach your mind only to fix on the bliss of spirit at your last moments.

I shall teach you to keep your heart untainted by mundane attachments in your last moments.

"Why then O mortal, you are reluctant to leave your encasement"

I shall teach you to gracefully finish your dreams.

I shall teach you to make your final exit from this earthly stage.

I shall tech you to disconnect your life force.

I shall teach you to disconnect your consciousness. I shall teach you to enter your conscious breathless state. "Why then O mortal, you are reluctant to leave your encasement"

#### Back

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V.I.T.R.I.O.L (Masonic/Alchemical Motto): In chemistry, vitriol is iron or copper sulfate salts and their derivative, sulfuric acid. The name comes from the Latin for "glassy," after the resemblance of iron sulfate to shards of green glass. Vitriol is symbolized alchemically as the "green lion," a poisonous substance that appears when metal is degraded by acid. Sulfuric acid, or oil of vitriol, was used in the

synthesis of the lapis philosophorum- the Philosopher's Stone. One unique property of sulfuric acid is the dissolution of metals- all except for gold, on which it has no effect. (Source: http://symboldictionary.net).

Poem Source: From the Book "Decoding the Ancient Wisdom" By Anand Krishna Poem on **Death** 

# "Why Then O Mortal, Thou Are Reluctant To Pass Into Thy Divine Essence"



(Artist: Eustache Le Sueur Date: 1617-55)

I shall teach thee to see the double splendour.

I shall teach thee to see the two worlds.

I shall teach thee to be simultaneously aware of thy physical and astral sphere.

I shall teach thee to increase the range of thy mortal perception.

I shall teach thee to free thyself from thy physical casing.

I shall teach thee to dissolve thy chromic thoughts and delusions.

I shall teach thee to move thy soul into the vibration less transcendental.

### "Why then O mortal, thou are reluctant to pass into thy divine essence"

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- I shall teach thee to move out of the oblivion.
- I shall teach thee to see into beyond.
- I shall teach thee to experience serenity, peace and elation.
- I shall teach thee to die a good death.
- I shall teach thee to arise of thy gloom and misery.
- I shall teach thee to reach the supreme effulgent lord.
- I shall teach thee to penetrate thy life force.
- I shall teach thee to behold the seat of thy spiritual eye.
- I shall teach thee to fix thy mind unwaveringly on the being.
- I shall teach thee to arise above all delusions of darkness.
- I shall teach thee to shine link the sun and the stars.

I shall teach thee to behold the form that is unimaginable.
I shall teach thee to behold the form subtler than the finest atom.
I shall teach thee to behold the supporter of creation.
I shall teach thee to behold the greatest of the rulers.
I shall teach thee to behold the eternal and the omniscient.
Why then O mortal, thou are reluctant to pass into thy divine essence"

I shall teach thee to behold the immutable. I shall teach thee to vanish thy attachments. I shall teach thee to close thy mine gates of delusion. I shall teach thee to enter the divine gateway to the infinite. I shall teach thee to hear the dosmic sound. I shall teach thee to hear the holy word. I shall teach thee to dwell in thy heart centre. I shall teach thee to fix thy full life force. I shall teach thee to steadily engage thy soul. I shall teach thee to be single hearted. I shall teach thee to make thy life an uninterrupted prayer. I shall teach thee to experience joy and perpetual zeal.

### "Why then O mortal, thou are reluctant to pass into thy divine essence"



(Artist: Capponi Date: 1476-1524)

I shall teach thee to be the high souled perfected being.

I shall teach thee to escape thy karmic bonds.

I shall teach thee to discard the attachments of thy mortal existence.

I shall teach thee to escape the temporal sorrow fraught realms.

I shall teach thee to remain awakened in the cosmic dream of the lord.

I shall teach thee to remain awakened in the dreamless blessedness of the spirit.

"Why then O mortal, thou are reluctant to pass into thy divine essence"

I shall teach thee the highest lessons. I shall thee how not to be beset by pain and mutability. I shall teach thee to be a free son of the lord. I shall teach thee to be a successful in thy earthly life. I shall teach thee to pass the final examination. I shall teach thee to earn the divine PhD. I shall teach thee to escape thy rebirth in this abode of grief and transitoriness.

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I shall teach thee to reach thy supreme success.

# Escaping the Prison House of Death and Birth by Shree Anand Krishna "Why then O mortal, thou are reluctant to pass into thy divine essence" I shall teach thee thy complete liberation. I shall teach thee to attain death in my perfect state. I shall teach thee to exploit the spiritual potential to free thyself. I shall teach thee to reduce thy binding karmic reflexes and dream delusions. I shall teach thee to escape the prison of distressing dualities. I shall teach thee to break the chains of distressing delusions. I shall teach thee to remember thy divinity. I shall teach thee to behold thy cycle of cosmic manifestation. "Why then O mortal, thou are reluctant to pass into thy divine essence" I shall teach thee to free thyself from the mortal worlds. I shall teach thee to enter into the heart of the lord. I shall teach thee to prevent thy rolling from cycle to cycle. I shall teach thee to escape thy phenomenal existence. I shall teach thee to escape the cyclical ages of the cosmos. I shall teach thee to escape thy mental dimensions. I shall teach thee to measure the measureless infinity. I shall teach thee the vast universal scheme. I shall teach thee to escape the minutes and hours thy earthly years. I shall teach thee to escape thy worldly and celestial environment. I shall teach thee to behold the manifestation of creation. I shall teach thee to behold the dissolving of creation. Why then O mortal, thou are reluctant to pass into thy divine essence" I shall teach thee to escape the infinite number of deaths and births. I shall teach thee to experience the elegant and sublime. I shall teach thee the cosmic dance. I shall teach thee to hear the sound of creation. I shall teach thee to behold the tongue of flame. I shall teach thee to behold the universe upon universe. I shall teach thee to behold the cosmos without end. I shall teach thee to remain ever awake. I shall teach thee to be anchored in thy spiritual consciousness. I shall teach thee to arise out of the confinement of gross matter. I shall teach thee to banish the concerns of thy materiality. I shall teach thee to banish thy servility to nature. I shall teach thee to develop thy perception through thy intuition. I shall teach thee to behold thy full spectrum of divine powers. I shall teach thee to arise beyond the interruptions of deaths and births. I shall teach thee to prepare thyself for thy ultimate return.

I shall teach thee to fulfill thy divine destiny.

Why then O mortal, thou are reluctant to pass into thy divine essence"

Back



Tunnel: Dream symbol meaning of Tunnels deals with birth, and sometimes death. Tunnels in our dreams ask us to look back to a starting point. In Tunnels we often encounter our deepest mind our unconscious thoughts. Tunnels encourage us to follow a path into the unknown. They are a message for us to begin exploring our own concepts of life, death, and birth. (Source: http://www.whats-your-sign.com).

Poem Source: From the Book "Decoding the Ancient Wisdom" By Anand Krishna Poem on **Death** 

# "Why Then O Mortal, You Are Reluctant To Usher Your Consciousness into the Infinite"



(Source: hindustudentsassociation.org)

I shall teach you to pass from your physical body into the divine essence.

I shall teach you to place your thought on the lord at the time of death.

I shall teach you to fix your divine gaze at the last hour.

I shall teach you to behold the being that shines like the sun.

I shall teach you to behold the vast realm ablaze with soothing

#### light.

"Why then O mortal, you are reluctant to usher thy consciousness into the infinite"

I shall teach you to behold the divine radiancy from the thousand suns. I shall teach you to behold the endlessly enlarging spherical fountain of light.

I shall teach you to behold the vaster sphere of eternity.

I shall teach you to behold the grand manifestation of creation.

I shall teach you to behold the luminous astral galaxies.

I shall teach you to behold the radiant energy of the vast astral world.

"Why then O mortal, you are reluctant to usher thy consciousness into the infinite"

I shall teach you to float in the eternal void.

I shall teach you to roam in the vast sphere of eternity.

- I shall teach you to behold the womb of creation.
- I shall teach you to behold your pure soul intuition.

I shall teach you to project your consciousness into the astral world.